

# Invitation for the remaining EUROPE Webinars



Dear European Rope Skipping/Jump Rope enthusiasts,

It has been an awesome experience sharing the knowledge about how to keep youngsters involved in our sport and your club. The first webinar is finished and I would like to thank all the participants for their presence and enthusiasm! But, there is more to come.

I would like to invite all of you to sign-up for our second and third webinar in March and April 2021.

The second webinar is about Talent development and is presented by Kayan Bool (performance manager Talent development TeamNL NOC\*NSF). It's intended to intensify and deepen the dialog for NGBs, head coaches and talent coaches to develop their current strategy. We also cover facts and fables about for example the 10,000 hours rule, early specialization, late bloomers, broad motor training and sensitive periods.

The webinar is planned on: **March 1st, 2021 19:30 - 21:30**

Third webinar is brought to you by Nicolai Lorke. Together with him we are looking into scientific research for rope skipping. Although not a lot of research is done with our sport, we can actually look into more general sport science and sports closely related to rope skipping. Nicolai, who himself has a master degree in sport science, will tell us all about it!

The third webinar is planned on: **April 6th, 2021 19:30 - 21:30**

**EUROPE**  
**WEBINARS**  
**20|21**



## Ready to sign-up?

Use the following link to register for both webinars via a Google Forms:

<https://forms.gle/vzi8ZrZt2t998f2W6>

Please note that all upcoming webinars are free of charge! Furthermore, for organisation purpose, only sign-up if you actually have the intention to join the webinar. If for whatever reason you're not able to make it, please contact us.

We hope a lot of people will join so we can share many experiences with each other.

If you have any questions do not hesitate to contact us.

Kind regards,

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