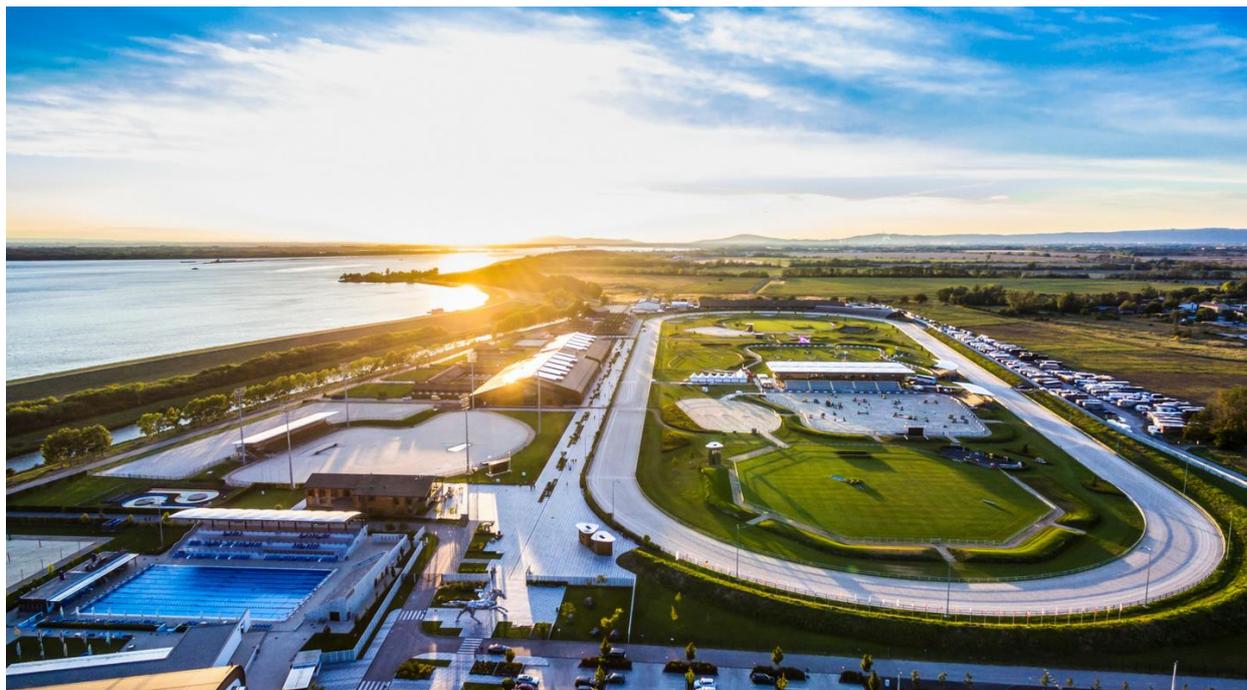


EUROPEAN  
ROPE SKIPPING  
CHAMPIONSHIPS  
SLOVAKIA 2022



# EUROPEAN ROPE SKIPPING CHAMPIONSHIPS 2022 SLOVAKIA

24. – 31. 7. 2022



## Dear Delegates, Coaches and Jump Rope Enthusiasts!

Welcome to the European Rope Skipping Championships 2022 in Slovakia!

The Slovak Rope Skipping Association is pleased to be the host of the 2022 European Rope Skipping Championships in the x-bionic® sphere resort.

The x-bionic® sphere creates an ideal environment for the best jumpers in Europe to come together to compete and will provide all attendees also an opportunity to relax, socialise, and have a great time in Slovakia!

The competitions will be held from July 25<sup>th</sup> till 29<sup>th</sup>, 2022. Finals will be held on 30<sup>st</sup> July 2022. The Finals will feature a competition area with dramatic curtains and theatrical lighting, which is ideal for worldwide livestream of the event.

We look forward to seeing you in Slovakia!

Martin Kolcak  
Slovak Rope Skipping Association

Pavlina Hadova  
Rope Skipping Academy Slovakia



## X-bionic<sup>®</sup> sphere



The x-bionic<sup>®</sup> sphere is the epitome of passion for sports, a place where people can experience the excitement of victory and success. This unique, multi-purpose complex is a sports and leisure resort with ideal conditions for professional and amateur sports, but also pleasant relaxation, good gastronomy and meaningful leisure time.

The resort's surroundings are ideal also for running and walking in nature, cycling, water sports, and other sports and relaxation activities.



The constantly-advancing x-bionic<sup>®</sup> sphere became the official Olympic training centre as a result of its ideal conditions adapted to the needs of athletes combined with first-rate service. In 2021, the Ministry of Education, Science, Research and Sports of Slovak republic and the Ministry of Health of the Slovak Republic have approved x-bionic<sup>®</sup> sphere resort as the Olympic Quarantine Training Center.

## The Accommodation

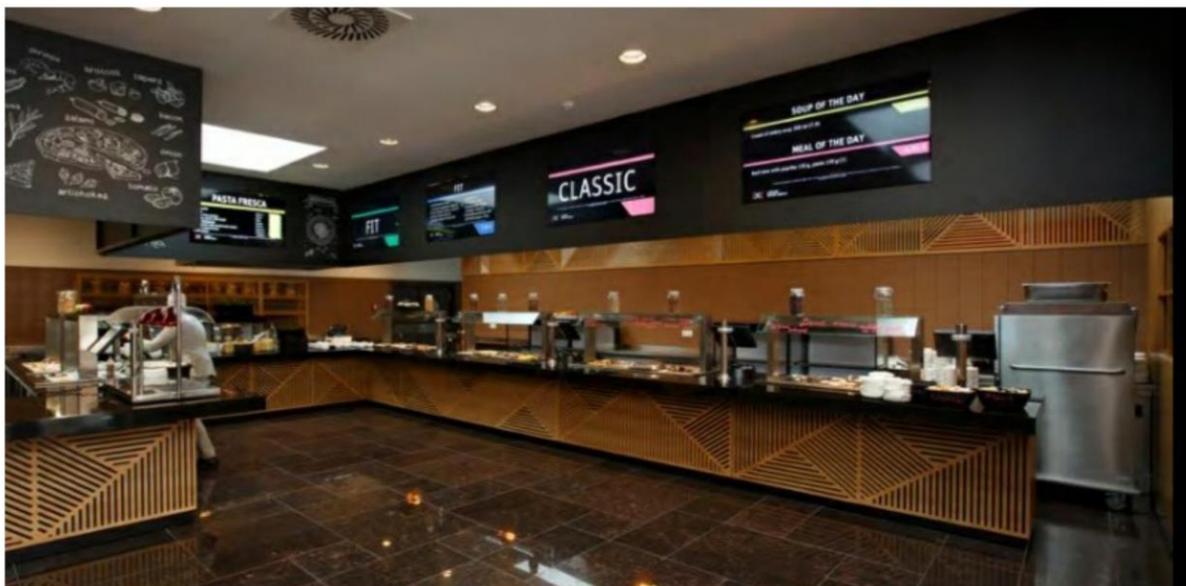
At the x-bionic® Hotel\*\*\*\*, all hotel rooms are spacious, modernly furnished and equipped with the latest information technology. All hotel rooms are provided with linens, pillows, towels and hair-dryer.



Each room is air-conditioned and offers free Wi-Fi. Parking in the resort is free of charge for participants.

## The Meals

Meals will be served buffet style in a pleasant setting of Olym-Pick restaurant in x-bionic® Hotel. Olym-Pick brings you a wide selection of dishes and drinks of your choice. Choose from a wide range of delicious meals and beverages available at the self-service.



In addition, Olym-Pick prepares a number of healthy meals tailored to different dietary requirements. Meals are included in all packages.

## The Sportshall

The x-bionic® morpho sphere is about 3 km away from the x-bionic® Hotel. Shuttle service will be provided.



The sports hall building has a total area of 8000 m<sup>2</sup> and is used for European rope skipping championships, warm-up, meetings, antidoping etc.

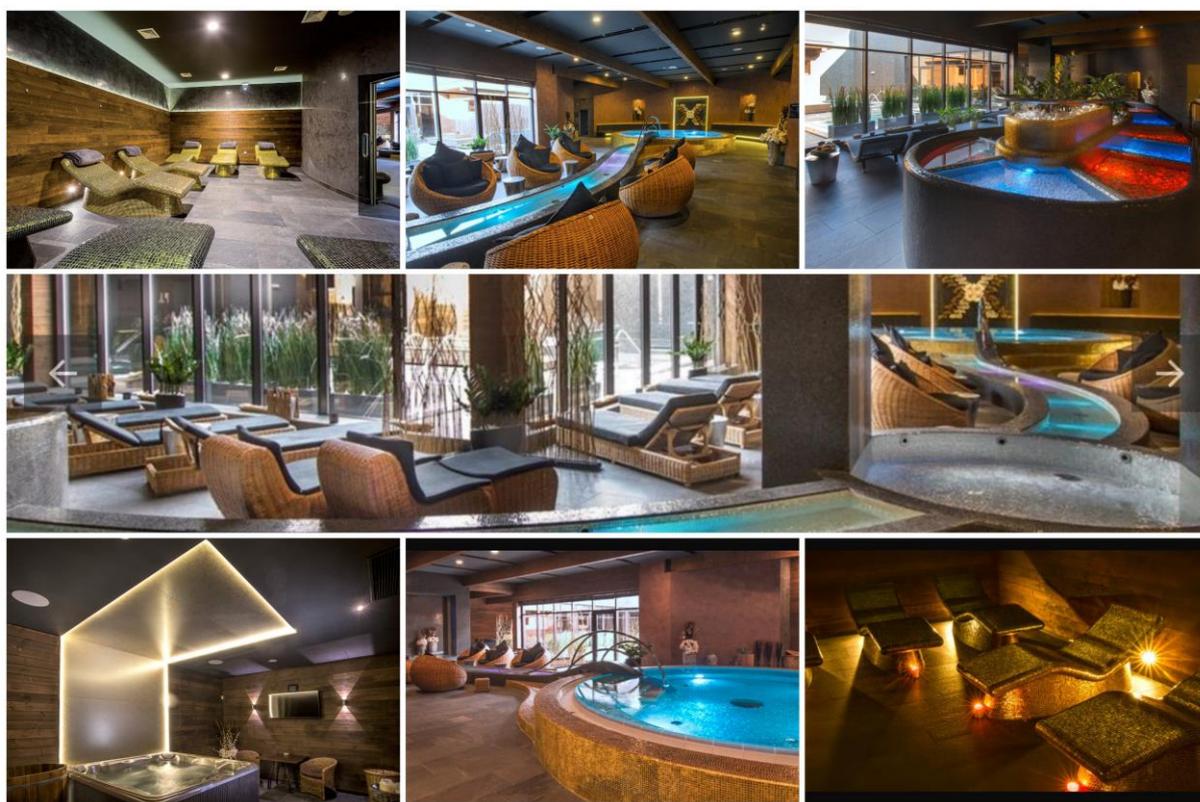
**The NINJA Hall** part has an area of 1900 m<sup>2</sup> and will be used as warm-up area and training.

**The CHAMPION Hall** with an area of 2300 m<sup>2</sup> (multipurpose hall) will be used as competition area with tribunes for spectators

## Other activities (not included in the package price)

### The x-bionic® wellness sphere

Here is the place to go to recover your physical and psychological strength after a demanding day. It is the place to relax and indulge yourself. Your absolute comfort is taken care of by certified spa therapists. At x-bionic® wellness sphere, you will find many ways to cool off and re-energise.



The wide range of treatments and wellness attractions includes seven different saunas along with an outdoor cooldown pool, a tepidarium, salt cave, Kneipp bathing pool, three whirlpool baths, a Hamman Turkish bath and many types of massages and treatments. Besides classic therapies, take the opportunity to try exotic Thai treatments handled by experienced therapists from Thailand whose talents make for an experience you will always remember.

## The x-bionic® aquatic sphere

Come here for both maximum athletic performance and to have a well-deserved rest, with a 50-metre Olympic-sized outdoor swimming pool (open in the summer), a 25-metre indoor pool, recreational pools with diverse amusements such as geysers, massaging nozzles and white water, and both outdoor and indoor baby pools.



For fun and thrills, there are also two open all year-round indoor and two outdoor waterslides and two regular outdoor waterslides.



### **AdventureLand**

AdventureLand is an outdoor multipurpose educational playground for children and adults of all ages, spread out over an area of 19,100 square metres along the bank of the Danube and located right on the grounds of x-bionic® sphere.



### **Lake Laguna**

The well maintained lakeside beach has pleasant seating right at the water's shore where you can enjoy a refreshing drink or a light snack. There are also other options available such as rowing, paddle-boarding and more. The lake is within a 10-minute walk.



### **Bicycle and scooter rental**

You can rent a bicycle or scooter at the reception and take your journey along Danube dam.

## Travelling to EC 2022

### By airplane



#### **Airport Bratislava:**

The biggest airport in Slovakia is the M.R.Stefanika Airport (BTS) located in Bratislava.

The airport offers international flight connections with classic and low cost airlines.



#### **Airport Vienna:**

If you choose a flight to Vienna Airport (VIE), we recommend you take a bus to Bratislava-Central Bus Station (Flixbus, Slovak lines). The ticket price ranges from 5 to 8 €. The journey to Bratislava takes 50 min.

The transportation from and to the Bratislava Airport or the Bus station Bratislava-Central can be requested for an additional cost of 15 € per person (trip Bratislava - x-bionic® sphere and return trip x-bionic® sphere - Bratislava).

Alternatively, upon arrival at the airport Bratislava you can take the bus Nr. 61 to Central railway station (25min), then take bus Nr. 40 to Central bus station (10min), then the bus to x-bionic® Samorin-Cilistov (30min). The journey takes around 1h 30 min.

### By car

Guests arriving by car, travel directly to the x-bionic® sphere Hotel, Dubova 33, Samorin-Cilistov. Parking for participants is free.

## The Packages

Packages	Schedule	Included	Costs
FULL package 24.-31.7.2022	24.7. Arrival 25.-26.7 EOT 26.7. Opening ceremony 27.7-29.7. JEC, EC Qualifiers 30.7. EC Finals & Show 31.7. Departure	7 nights in Hotel 4* Meals Welcome package Local transfers Gala event	670 €
EOT package 24.-27.7.2022	24.7. Arrival 25.-26.7 EOT 26.7. Opening ceremony 27.7. Departure	3 nights in Hotel 4* Meals Welcome package Local transfers	380 €
EC package 26.-31.7.2022	26.7 Arrival 26.7. Opening ceremony 27.7-29.7. JEC, EC Qualifiers 30.7. EC Finals & Show 31.7. Departure	5 nights in Hotel 4* Meals Welcome package Local transfers Gala event	525 €
Extra Night	upon request	1 night in Hotel 4*	80 €
Extra night Single room with shared bathroom	upon request	1 night in Hotel 4*	145 €



Additional price for single occupancy (only limited number available, please state your requirements in the Pre-Registration form):

Deluxe Single room with shared bathroom:

FULL package	490 €
EOT package	210 €
EC package	350 €

## Payment details - packages:

Deposit of 100 €/ person due by April 1<sup>st</sup> 2022.

Final payment of packages due by May 31<sup>st</sup> 2022.

Account holder: ROPE SKIPPING ACADEMY SLOVAKIA  
Bank: Fio Banka, a.s.  
BIC: FIOZSKBA  
IBAN: SK84 8330 0000 0026 0213 4646

Please quote “EC2022 Country” (e. g. EC2022 Belgium) as the payment reference text and request your bank to cover ALL bank transfer changes.

A single deposit payment and final payment per country please!



## ERSO Competition fee

Every athlete and coach that wants to enter the competition and warm-up area has to be registered via the ERSO.

General registration fee: 15 €/person

For the athletes, an additional competition fee per discipline applies. The costs vary from the type of competition and discipline.

EC Team:	7.50 €/discipline/person
EC Individual:	10 €/discipline
JEC Team:	6 €/discipline/person
JEC Individual:	8 €/discipline
EOT Team:	6 €/discipline/person
EOT Individual:	8 €/discipline
Show:	6 €/person

Note: only persons with a Host package are allowed to register as athlete or coach.

## Payment details – ERSO competition fee:

The ERSO issues an invoice to each NGB with the correct amount for the competition fee.

The payment has to be made according to the terms of payment mentioned on the invoice.

## Timeline registration

- April 1<sup>st</sup>** Submission of Pre-Registration Form  
Payment of 100 Euro deposit of packages per person
- May 31<sup>st</sup>** Submission of Final Registration Form including all details  
Full payment of all packages
- May 31<sup>st</sup>** Submission of Judge Registration Form

All Registration Forms please submit to [ec2022.slovakia@gmail.com](mailto:ec2022.slovakia@gmail.com) .

## The Cancellation Policy

- 100%** before April 1<sup>st</sup>
- 50%** before April 30<sup>th</sup>
- 25%** before May 31<sup>st</sup>

No refunds will be given on or after May 31<sup>st</sup>.

## The Insurance

Coaches/heads of delegations will be fully responsible for their teams during the entire stay in Slovakia.

The Rope Skipping Association of Slovakia and the ERSO will not provide insurance for the competitors and all other participants. Insurance is under the responsibility of each and every person.

## EC 2022 Spectator Tickets

Spectator tickets can be ordered in advanced or purchased at the entrance of the Sporthall. If you want to purchase your ticket in advance, please send your order via email to [ticket.ec2022@gmail.com](mailto:ticket.ec2022@gmail.com).

Once payment arrived in our accounts, the tickets are reserved and can be picked up at the entrance of the Sportshall.

One order per country is highly appreciated.

### The prices:

1 day ticket	5 € (EOT, JEC, EC Qualifiers)
5 days ticket	20 € (finals not included)
Finals/Show	10 €

The tickets will not be sent by post in advance. The purchased tickets can be picked up at the event.

